



# Saint John Paul II Parish

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Email: [stjp2church@gmail.com](mailto:stjp2church@gmail.com)  
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## Served by:

Rev. Zenon Boczek SDS, Pastor  
Rev. Pawel Dolinski SDS, Parochial Vicar  
Rev. Lukasz Kleczka SDS, Parochial Vicar

*The purpose of the Salvatorian is to strengthen, to defend and to spread the Catholic faith everywhere insofar as this is committed to it by Divine Providence. Therefore, by exercising this ecclesiastical teaching function in word and writing, it intends to achieve the end that all people might know more and more the one true God and Him whom He sent, Jesus Christ.*

Kenneth Woolley, Zofia Castellon - *Trustees*  
Agnes Barowicz, *Parish Secretary*  
Blanca Cisneros, *Director of Religious Education*  
Dayle Vander Sande, *Music Minister*

The  
Season  
of  
Lent



**March 10, 2019**

### WEEKEND MASSES:

Saturday:

4:30 PM at **St. Michael's Church**;

5:00 PM at **Our Lady of Mount Carmel Church**

Sunday:

8:15 AM; 9:30 AM; 10:45 AM (Polish) & 12:15 PM;

**Our Lady of Mt. Carmel Church**

9:30 AM (Italian) - **St. Michael's Church**

### WEEKDAY MASSES:

**Our Lady of Mt. Carmel Church**

Monday – Friday: 7:00 AM (English) & 8:00 AM, (Polish) [except Thursday]

Saturday: 7:30 AM (Polish) & 8:30 AM (English)

Tuesday 7:00 PM (English), Thursday 7:00 PM (Polish)

**St. Michael's Church**

9:00 AM (English) Monday – Friday

### CONFESSIONS:

**Our Lady of Mt. Carmel Church**

Daily from Monday to Friday 7:30 AM, Saturday 8:00 AM and 4:00 PM

### PARISH OFFICE HOURS:

Monday, Wednesday and Thursday: 9:00 AM to 12:00 Noon; 1:00 PM to 4:00 PM

Tuesday: 9:00 AM to 12:00 Noon; 1:00PM to 6:00 PM

Friday: 9:00 AM to 12:00 Noon; 1:00PM to 3:00 PM

**SATURDAY, March 9, 2019**

4:30 PM (SM) + Steven Nixon (son)  
5:00 PM + Stephen E. Makowski  
(Joe & Karen Makowski)

**SUNDAY, March 10, 2019**

8:15 AM + Rev. Robert Pachana (Pat Suckiel)  
9:30 AM + Eleanore Hajduk (Venner Family)  
9:30 AM (SM) + Elisabetta Spano  
(Maria Casalnuovo)  
10:45 AM + George Machnowski (zona i corki)  
12:15 PM + Howard Feldscher  
(Arlene & Ed Rutkowski)

**MONDAY, March 11, 2019**

7:00 AM Deceased Members of Olkowski family  
(F & J Kotula)  
8:00 AM + Marianna Chojnowska (Beata Rudnicka)  
9:00 AM (SM) + Henry Reid (Ann Fitzsimmons)

**TUESDAY, March 12, 2019**

7:00 AM ++ Grazia & Pietro Barberi  
(sons, Nunzio, Mario & Antonio)  
8:00 AM + Marianna Chojnowska (Redyk Family)  
9:00 AM (SM) + Julie Mohr (Bob Gasson)  
7:00 PM + Walter Kurkowski (Vincent Dibella)

**WEDNESDAY, March 13, 2019**

7:00 AM + George Onacilla  
(Grace & Andy Szyposzynski)  
8:00 AM (Pl)+ Mario Szemiot (Lyp Family)  
9:00 AM (SM) + Thomas Norton, Sr.

**THURSDAY, March 14, 2019**

7:00 AM + Mery Betkowski (Joan Papcun)  
9:00 AM (SM) + Henry James Moundell, Jr.  
(Joe Olesky)  
7:00 PM (Pl) + Tadeusz Wiecek (Ksepko family)

**FRIDAY, March 15, 2019**

7:00 AM + Genevieve Chmielewski (Mt. Carmel Seniors)  
9:00 AM (SM) For Parishioners  
6:30 PM (Pl) + Mieczyslaw Zwarycz (family)

**SATURDAY, March 16, 2019**

7:30AM + Florance Chojnowski (siostra Aniela))  
8:30 AM + Emilia Wojcik (Arlene & Jim Hunter)  
  
4:30 PM (SM) ++ Frank & Regina Pawlowski  
(daughter)  
5:00 PM + Cynthia Judowski Weaver  
(Kaitlin, mom & family)

**SUNDAY, March 17, 2019**

8:15 AM + Mildred Maietta ( Debby)  
9:30 AM + Walter Kurkowski  
(Antonio & Elisabetta Destito)  
9:30 AM (SM) + Antonia & Vito Destito  
(Antonio & Elisabetta Destito)  
10:45 AM + Leszek Ksepko (Ksepko Family)  
12:15 PM + Richard Gonsiewski (Micewicz Family)

**Spiritual Offerings March 10-16, 2019**

**SANCTUARY LAMP**

5th Anniversary in heaven +William (Bill) Leonard  
(Barbara, Denise, Lucas, Liam & Lily Ann)

**ALTAR BREAD AND WINE**

++ Helen & Andrew Rajkowski  
(granddaughter Barbara)

**INFANT OF PRAGUE**

Health Blessings for Catherine Murray  
(Michael & Barbara Lynch)

**SACRED HEART CANDLE**

+Stella Rajkowski ( niece Barbara)

**DIVINE MERCY CANDLE**

+ Teddy Rajkowski (niece Barbara)

**BLESSED MOTHER CANDLE**

+ Cecil Mikula (niece Barbara)

**O.L.OF CZESTOCHOWA CANDLE**

Living & deceased members of Duchnowski Family

**ST. ANN CANDLE**

++ Kazimierz & Maria, Bronislawa & Piotr  
(Julie & family)

**ST. ANTHONY CANDLE**

+ Sophie Wasilewski (niece Barbara)

**ST. JOHN PAUL II CANDLE**

+ Walter Rajkowski (niece Barbara)

**ST. JOSEPH CANDLE**

+ Jean Olszewski (niece Barbara)

**ST. JUDE CANDLE**

+ Lottie Morgan (daughter Barbara)

**ST. STANISLAUS CANDLE**

Special Intentions

**ST. THERESA CANDLE**

Happy 90th Birthday Blessings for our Friend Virginia  
Rusin (Your Friends Maryann & Raymond Decha)

**SANCTUARY LAMP (St. Michael Church)**

+ Oscar Velazquez (family)

**O. L. OF THE ASSUMPTION CANDLE**

8th Anniversary in Heaven to Jennifer Galloway  
(love Mom & Dad)

**Our Grateful Tithes to God:**

**March 3, 2019**

Regular: \$5,905.00

Maintenance collection: \$2,930

**We thank all our parishioners for their generous  
support of our parish!**



**Sunday, March 10, 2019**

CCD -9:15 AM

**Monday, March 11, 2019**

Ruch Rodzin Nazaretańskich - 7:00 PM

**Tuesday, March 12, 2019**

Seniors-12:00 Noon

**Wednesday, March 13, 2019**

Eucharistic Adoration -  
9:30 AM to 5:00 PM, St. Michael's Church

**Thursday, March 14, 2019**

Cub Scouts-6:00 PM  
Boy Scouts - 7:30 PM

**Sunday, March 17, 2019**

Family Mass-9:30 AM  
RCIA-10:30 AM



**The Holy Season of Lent begins this Wednesday March 6th**

The following are the regulations concerning the Lenten season:

1. The days of both **Fast** and **Abstinence** during Lent are **Ash Wednesday** and **Good Friday**.

The other Fridays of Lent are days of Abstinence.

**On a day of Fast, only one (1) full meal is permitted.**

(Those between the ages of 18 and 59 are obliged to Fast.)

**On a day of Abstinence, no meat may be eaten.**

(Those who have reached the age of 14 are obliged by the law of abstinence.)

2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.

3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.



**Lenten Stations of the Cross**

**English Language:  
Tuesdays after the 7:00 PM  
Mass - OLMC Church**

**Polish Language:  
Fridays after Mass  
at 6:30 PM OLMC Church**

**Italian Language:  
Fridays at 8:00 PM-OLMC Church**

**To the Members of St. John Paul II Parish,**  
We returned from our pilgrimage to World Youth Day in Panama. We would like to extend our immense gratitude to all those who have supported us. This journey was truly life-changing and spiritually nourishing, and we could not have done it without your help. We appreciate the donations and prayers that went towards providing us with this amazing experience, and we are so excited to participate at the next World Youth Day in 2022 in Portugal.

Many thanks and blessings  
Briel and Stephanie Peters.



**ROSARY SOCIETY NEWS**



The 37th Annual Citywide Communion Breakfast will be hosted by the Bl. Miriam Teresa Demjanovich Parish on Sunday, April 7, 2019. There will be a 9:00 AM Mass at St. Andrew Church followed by a brunch and speaker at the Chandelier. Tickets price is \$36 per person. If interested, call Mary Ann Decha at (732)887-5946

The Friends of Saint Francis Organization extends an invitation to all to attend their annual fundraiser on **Saturday, March 30, at 6:00 pm** at St. John Paul II Parish Center. The "Take Out to the Ballgame" dinner party will feature a hot buffet, dessert, refreshments, entertainment, raffles, and door prizes. The event will benefit charitable organizations, locally and for the community at-large. Tickets are \$25 for adults and \$10 for teens. Contact Cindy at 201-467-7982 or Evelyn at 201-823-2893.

The Pulaski Parade Memorial Committee will host a sashing brunch to honor 2019 Bayonne Contingent Marsahl, Kamila Domanski on Saturday, April 6, 2019 at 11:30 am at the Chandelier Restaurant. Adults \$40-Students \$30. For reservation call Claire Vodarski 201-616-8830 or Ann Dworzanski 201-436-2244.

The Hudson County Sierra Society, an organization fostering vocations to the priesthood and religious life, is having our Annual Seminarian Mass and Dinner on Tuesday, March 26, 2019. Mass will be celebrated by Msgr. Gregory Studerus, Episcopal Vicar of Hudson County, at 6:00pm at Blessed Miriam Teresa Parish at St. Mary's Church, 326 Avenue C, Bayonne, followed by dinner at The Chandelier Restaurant 1081 Broadway, Bayonne. The cost of the dinner is \$60.00 per person. Please RSVP by March 14, 2019. For any questions please contact Michael Bruzzio at 201-463-2380 or John Smith at 201-436-3792.



### 10 MILES WITH JESUS

Tired of giving up sweets and coffee for Lent? This year take up cross and walk with Jesus!

**Walking Stations of the Cross  
Sunday, March 24, 2019 at  
10:00am**

From Archdiocesan Shrine of St. John Paul II 131 E. Edgar Rd. Linden, NJ and will conclude at the Most Sacred Heart of Jesus Cathedral 89 Ridge St., Newark at around 5:00 pm with the Holy Eucharist celebrated by Very Rev Bishop Manuel Cruz, Pastor of the Most Sacred Heart of Jesus

Free admission, however all participants must register. **To register and for additional information visit: [www.10mileswithJesus.org](http://www.10mileswithJesus.org), email: [info@10mileswithJesus.org](mailto:info@10mileswithJesus.org) or call: 201.220.1949.**

## **Digiuno cristiano e astinenza: età, come e quando praticarli dentro e fuori la Quaresima, differenze e modalità**

### **Digiuno e astinenza nella storia**

Praticati sin dalle prime comunità di cristiani, sul modello stesso di Cristo, il digiuno e l'astinenza cristiani, con le loro radici nelle Sacre Scritture e nella Tradizione della Chiesa, si distinguono nettamente da altre pratiche di "rinuncia al cibo". Tratto persistente nell'intera Storia della Chiesa, lungo i secoli praticarono digiuno ed astinenza eremiti (fra i quali i Padri del Deserto del IV secolo) e monaci. Durante tutta la luminosa età medievale tali pratiche penitenziali vissero un momento aureo, per esempio fra gli ordini mendicanti, e neppure l'età moderna ne vide il sopirsi, quando astinenza e digiuno trovarono nell'arcivescovo di Milano Carlo Borromeo (1538-1584) un esempio di sostenitore e praticante.

### **Astinenza e digiuno: le differenze**

L'astinenza «proibisce l'uso delle carni, non però l'uso delle uova, dei latticini e di qualsiasi condimento anche di grasso di animale» (Paolo VI, Cost. apost. Paenitemini, 17 febbraio 1966).

Il digiuno «obbliga a fare un unico pasto durante la giornata, ma non proibisce di prendere un po' di cibo al mattino e alla sera» (ivi).

### **Quando**

Secondo le attuali prescrizione della Chiesa, digiuno e astinenza devono essere osservati dai fedeli il Mercoledì delle Ceneri e il Venerdì Santo, mentre la sola astinenza è prevista per tutti i venerdì di Quaresima, come del resto per tutti i venerdì dell'anno, salvo quelli coincidenti con una solennità.

### **Chi deve osservare digiuno e astinenza**

Sono tenuti ad osservare il digiuno tutti i maggiorenni fino al 60esimo anno d'età, e a praticare l'astinenza tutti coloro che abbiano compiuto i 14 anni, in tutti i casi fatte salve particolari situazioni personali e di salute.

## **Ogni Venerdì— La Via Crucis alle ore 8:00 PM**

Chiesa di Mt. Carmel

**NABOŻEŃSTWA PASYJNE OKRESU  
WIELKIEGO POSTU**



**DROGA KRZYŻOWA**

**W każdy piątek  
Wielkiego Postu  
o 6:30 PM odprawiana  
jest Msza święta, a po  
niej Droga Krzyżowa.**

**W piątek o godzinie 8 PM Droga  
Krzyżowa w Języku Włoskim**

**W języku angielskim w każdy wtorek  
po Mszy Świętej o 7:00 PM.**

**GORZKIE ŻALE  
Każda niedziela Wielkiego Postu  
o 3:00 PM**

**REKOLEKCJE DLA OSÓB PO  
DOŚWIADCZENIACH ABORCJI**

Jeśli znasz osobę, która cierpi w wyniku doświadczenia aborcji - zaproś ją na uzdrawiające REKOLEKCJE, prowadzone w języku polskim.

Rekolekcje odbędą się w Amerykańskiej Częstochowie w dniach 5-7 kwietnia 2019r.  
Informacje i zapisy: 201-754-8201 (można dzwonić lub tekstować),  
e-mail: [kontakt@WinnicaRacheli.org](mailto:kontakt@WinnicaRacheli.org)

Więcej informacji:  
[www.WinnicaRacheli.org](http://www.WinnicaRacheli.org)

**WIELKOPOSTNA REFLEKSJA...**

Przeżywanie Wielkiego Postu wyznaczają trzy słowa - drogowskazy: **modlitwa, post, jałmużna**. Modlitwa jest osobowym spotkaniem i duchowym zjednoczeniem z Bogiem. Post służy odsunięciu na bok tego, co modlitwie przeszkadza. Jałmużna jest daniem siebie bliźniemu i praktycznym skutkiem życia duchowego. Akcja i kontemplacja przenikają się organicznie i uzupełniają w życiu chrześcijanina.

***Wielki Post***

**Wstrzemięźliwość od pokarmów mięsnych i post ścisły**

1. Wierni, którzy ukończyli 14. rok życia, są zobowiązani do zachowania w ciągu całego życia wstrzemięźliwości od pokarmów mięsnych w następujące dni:

- a) *w wszystkie piątki Wielkiego Postu,*
- b) *w Środę Popielcową.*

Równocześnie – ze względu na tradycję tego dnia w Polsce – zachęcamy wiernych do zachowania wstrzemięźliwości od pokarmów mięsnych w Wigilię Bożego Narodzenia.

Wstrzemięźliwość od pokarmów mięsnych nie obowiązuje, jeżeli zgodnie z przepisami liturgicznymi, w piątek przypada uroczystość.

2. Wierni, którzy ukończyli 18. rok życia, aż do rozpoczęcia 60. roku życia, oprócz wstrzemięźliwości od pokarmów mięsnych są zobowiązani do **zachowania postu ścisłego** w następujące dni:

- a) *w Środę Popielcową,*
- b) *w Wielki Piątek.*

Post ścisły pozwala na jednorazowy posiłek do syta oraz na dwa skromne posiłki w ciągu dnia.

3. Wierni, którzy nie mają możliwości wyboru pokarmów i muszą spożywać to, co zostanie im podane, mogą korzystać z dyspensy od obowiązku wstrzymania się od potraw mięsnych w piątki Wielkiego Postu.

Taka dyspensa nie istnieje w Środę Popielcową i Wielki Piątek.

Niemożliwość zachowania wstrzemięźliwości od pokarmów mięsnych w piątek zakłada jednak podjęcie innych form pokuty, takich jak: modlitwa, jałmużna, uczynki pobożności i miłości, wierniejsze spełnianie obowiązków.